



Registered Charity Number:
511766

**A Local Service
for Local
people!!**

We work in; Glossop, High Peak, Erewash, Bolsover, Shirebrook, Cheterfield, North East Derbyshire, Derbyshire Dales, Amber Valley and South Derbyshire.

**PROMOTING POSITIVE
CHANGE !....WORKING IN
PARTNERSHIP TO
REDUCE ALCOHOL
RELATED HARM
THROUGHOUT**

Visit us at www.daas.uk.com
Use our easy to operate on
line alcohol unit calculator!

**First Floor Dents Chambers
81 New Square Chesterfield
S40 1AH**

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DAAS *alcohol wise*

Quarterly Newsletter: Issue 8 October 2014

Working with Families affected by alcohol misuse



DAAS is launching a new programme of training for professionals working with families affected by alcohol misuse. Whilst DAAS has worked locally with adult family members with the provision of support, advice and counselling through our RAFT (relatives and friends together) project, funding to further develop this work and to incorporate alcohol focussed family training for health and social care workers has never been made available. Working with other local providers in Derbyshire in accordance with NICE guidance, DAAS has adopted a multi-agency assessment process ensuring that the impact of alcohol problems within the family are addressed at a multi-agency level. Elaine Handley, Service Manager for DAAS says "DAAS bases the focus of it's work on key aims informed by the Public Health Outcomes Framework. Improving the lives of children and families affected by alcohol misuse is therefore a priority issue for us. However we have had no specific funding to develop this area of our work, and we can see an increasing need to ensure that the affects of alcohol within the family are addressed and that families are supported appropriately by services working together to assess risk, share information and develop family interventions, Teresa Oxley, DAAS trainer responsible for developing the programme, has worked with children's services to develop the DANOS linked training which we are hoping to provide to health care professionals throughout Derbyshire". Children growing up in families where parents are dependent on drugs or alcohol are seven times more likely to become addicted as adults, and whilst problems relating to drug misuse are falling, according to statistics published by Public Health England, problem drinking is on the rise. It is key that DAAS works in partnership to ensure that the worst affected families with fewest resources are able to easily access services which can support them. This means that in some of the most deprived areas, DAAS will need to take services out to the community, providing alcohol focussed training for family workers, and drop-in advice and support for families within easy to access local community and family centres. In these areas, DAAS will link with the troubled families agenda to ensure that a multi agency approach is provided to help identify, signpost and support affected families where alcohol misuse often features alongside a range of other health and social care problems such as; diabetes, obesity, domestic violence, safeguarding and family breakdown.

See our back page, or visit our website for more information and to book a place on our NEW Working with Families course: www.daas.uk.com



2014 Manchester Recovery Walk

DAAS thanks all those concerned whose hard work made the 2014 Manchester recovery walk such a successful and enjoyable event. Thanks also to DAAS staff Colin and Kathryn and their SMART group members for their hard work and enthusiasm. Well done! We look forward to many future Recovery events.



The 2014 Manchester Recovery Walk was attended by 18 participants who all said they had a wonderful day. The Ripley SMART group members provided wigs and fancy dress items for people to wear, and among the 18 those who were on the walk, those brave enough to wear them really did stand out!
Katheryn - DAAS Ripley Group facilitator/advisor.

DAAS GROUP ACTIVITY AND RECOVERY SUPPORT TIMETABLE






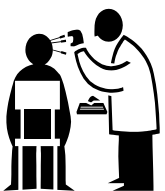
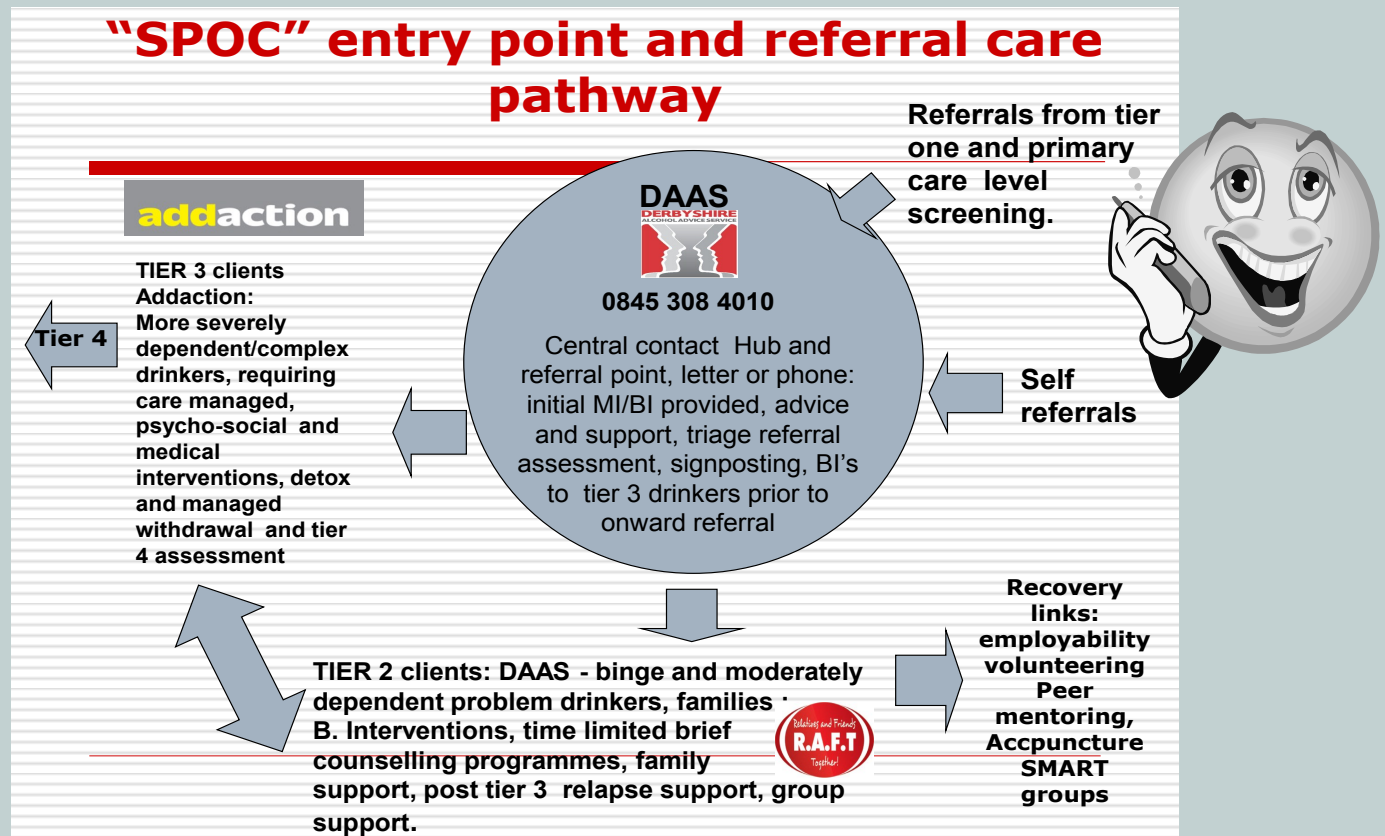
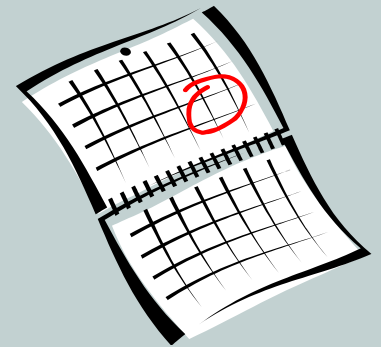
MONDAYS	TUESDAYS	THURSDAYS	FRIDAYS
 <p style="text-align: center;">SMART Recovery Group</p> <p style="text-align: center;">1pm - 2pm The Croft, Ripley</p>	 <p style="text-align: center;">Acupuncture</p> <p style="text-align: center;">4pm – 5.30pm DAAS, Chesterfield</p>	<p style="text-align: center; color: purple;">Drop-In Support</p> <p style="text-align: center;">12-2.00pm Christian Centre Shire brook</p> <hr/> <p style="text-align: center; color: red;">Relatives & Friends Support Group (RAFT)</p>  <p style="text-align: center;">6.30-8.00PM 1st Thursday of the month DAAS, Chesterfield</p>	 <p style="text-align: center; color: red;">Smart Recovery group 2.-3.30</p> <p style="text-align: center;">CMHT Corbar view Buxton</p>
<p style="text-align: center;">DROP IN SUPPORT</p> <p style="text-align: center;">Bank House Swadlincote</p> <p style="text-align: center;">1st, 3rd Monday each month</p> <hr/> <p style="text-align: center; color: orange;">MANAGING STRESS AND ANXIETY</p> <p style="text-align: center;">1pm - 3pm DAAS, Chesterfield</p>	 <p style="text-align: center;">SMART Recovery Group</p> <p style="text-align: center;">6pm - 7pm DAAS, Chesterfield</p>	<p style="text-align: center; color: purple;">Hypnotherapy Group</p> <p style="text-align: center;">Weekly Thursday 10-11.00am Dent Chambers Chesterfield</p> <hr/> <p style="text-align: center; color: purple;">Hypnotherapy Group</p> <p style="text-align: center;">1st Thursday of the month 5.30-6.30 PM DAAS, Chesterfield</p>	 <p style="text-align: center; color: green;">Acupuncture</p> <p style="text-align: center;">3pm – 4pm Bankgate, Rinkway Industrial Estate Swadlincote</p>

Diagram to illustrate Derbyshire Alcohol Referral Pathway through DAAS Single Point of Contact



Once referred into DAAS:

- ◆ Same day onward referral for more complex levels of support
- ◆ Joint working and information sharing agreements with professionals
- ◆ Risk assessment and risk management protocols in place
- ◆ Support for families, carers and professionals
- ◆ No waiting lists
- ◆ All self referrals receive telephone motivational advice and support
- ◆ Recovery support and onward referral /signposting to a range of groups and services



Some key outcomes achieved by DAAS 2012/13

- ◆ 75% of clients who had received one-one sessions with DAAS reduced their drinking to within recommended levels or achieved abstinence
- ◆ 88% of attendees said they had increased competence to undertake a Brief Intervention with a problem drinker following DAAS training
- ◆ 89% of clients were offered a first appointment with DAAS within 10 working days of referral
- ◆ 98% of clients completing customer satisfaction questionnaires strongly agreed that the services they received from DAAS met or surpassed their expectations

Get SMART© now!

Group Support Available!

Join a group, get support, support others, meet people, make friends!

See timetable of group support available on page 2.

Opportunities to become a Peer Mentor with DAAS !

If you have had 3 months of abstinence, are looking to support your own recovery and/or aim to get back into work and you want to help others affected by alcohol misuse, why not get involved? We provide FREE initial training. Interested? If so ring for further information about our volunteer opportunities. Phone 01246 206514 and ask for Alison or Ang.

WE ARE CONTINUALLY TRYING TO IMPROVE THE SERVICES WE PROVIDE FOR THE PEOPLE OF DERBYSHIRE . YOUR FEEDBACK IS CRUCIAL! PLEASE PHONE OR WRITE TO THE SERVICE IF YOU HAVE ANY COMMENTS TO MAKE. If you have contacted our service for advice or support, or made a referral, please let us know if we did well or how you think we might improve things. email Elaine.Handley@daas.uk.com or write to Elaine Handley, Service Manager, First Floor, Dents Chambers, 81 New Square, Chesterfield S401AH

Let us know if you want to take part in a DAAS Service User Focus Group. Please see our website for details of our next event !! Or phone 01246 206514.

Working and Struggling to motivate someone with an alcohol problem ? Wondering how to raise the issue? Join with others, share experiences.....



Hypnotherapy: Learn guided deep relaxation techniques in a safe and supportive environment. Please phone 01246 206514 for an assessment.

Places available in Chesterfield at Dents Chambers Thursdays 10-11 am. Or 1st Thursday in the month 5.30—6.30pm. Ask for Mary K.

HOPE SPRINGS RECOVERY
– Chesterfield.

Tel: 01246 540431

Offers a range of relapse prevention, recovery support activities and group support. Ask for Julia.

Forthcoming DAAS FREE Alcohol Brief Intervention Full Day Training dates:

October 14th, November 4th, December 2nd - all at Dents

NEW Training ! Working with Families affected by alcohol misuse

Please contact DAAS for further information

we can tailor our DANOS linked training to meet your needs - contact us!

Relative Support Group
now running in
Chesterfield - First
Thursday of each month
6.30-8.00pm at **Dents**
Chambers



Talking about.....
anxiety and depression.



A FREE jointly run personal development course by IAPT– Talking Mental Health and DAAS. New course in Chesterfield for anyone affected by **anxiety, low mood or depression.** If you or someone you are working with, uses alcohol to cope with anxiety or depression, this course may help. Learn about triggers, develop improved coping skills, learn to express feelings, improve low self esteem and improve mood. Mondays 1pm –3pm at Dents Chambers